

ACA Athletic Mitigation Plan for Fall Sports 2020

With the opening of athletics for the 2020-21 school year Arrowhead Christian Academy has developed the following plan for the safe playing of sports while implementing measures to reduce the transmission of COVID-19.

This plan has been developed with the guidance of the CDC, AZDH, CAA, AIA, NFHS, and the ACA Campus Health Plan. The following procedures have been developed and coordinated to establish a consistent mitigation plan and its impact on athletic competition.

The athletic coordinator for ACA also serves as the health and safety coordinator for the athletic program.

Prevention Steps:

- Temperature checks and screening will be done on athletes and coaches prior to practice and games.
- Temperature checks and screening will be done using the NFHS monitoring form. Officials will also be screened and recorded on the same form per CAA guidelines.
- Athletes and coaches will wear face coverings when entering the field until they reach their respective sideline staging area. Face covering will also be worn when leaving the field at the end of the game and they return to their vehicles in the parking lot.
- Athletes and coaches exhibiting symptoms will be isolated and not permitted to participate in practice or games.
- There will be no sharing of water bottles, equipment or wearable equipment. Athletes are to provide their own water bottles at practices and games.
- Social distancing will be maintained when possible during practices and games.

Game Time Prevention:

- ACA uses a city of Phoenix field in a public park for home soccer games. The city has developed their own guidelines for use of their field. See their guidelines below which ACA will follow.
- Spectators will be permitted to view games on the west side of the field following CDC guidelines and social distancing.
- Teams will use the east side of the field with separate staging areas. ACA will have the northeast side of the field with the visiting team will be on the southeast side of the field.
- Parents and spectators will not be allowed to interact with the officials, coaches and players on the field or on the east side of the field where the teams are staged.

- Hand sanitizer will be provided on the team side of the field for use by the teams, coaches, and officials use prior, during and following the contest.

Return to Play Guidelines for the use of City of Phoenix Fields:

ACA uses a city of Phoenix field for home games at Paseo Highlands Park. The following guidelines are for the education of athletes, coaches, officials, parents, and spectators to follow and comply with when using a field.

Field Use by Teams:

- Social distancing of 6 ft. for all players/coaches/spectators.
- Minimal contact with no sharing of equipment or water.
- No high fives, fist bumping, spitting, or hugs should occur.
- Per CDC guidelines masks should be worn by coaches, officials, parents, and spectators.

Spectators:

- There is no seating or bleachers at the field. Spectators must maintain 6 ft between the out of bounds and their seating or standing positions.
- Practice 6 ft social distancing when not with the same household.
- Recommend spectators wear proper PPE per CDC guidelines.
- High risk/vulnerable individuals are encouraged to stay home or remain in their vehicles in the parking lot.

ACA's compliance with these guidelines is essential to our continued use of the field throughout the season. Non-compliance of the guidelines can result in our permit for use to be suspended.